



Jesus said "I have come to give life in all its abundance"
JOHN 10:10

Jesus. All about life is presented by local churches with the hope that you would consider who Jesus was and how his message applies to today.

There are five things that we'd like you to do ...

1. **After you have read this booklet** request our FREE Jesus. All about life book by calling 1300 512 312 or visit allaboutlife.com.au (You may already have received this book with this booklet. If so we encourage you to read it).
2. **Visit the allaboutlife.com.au web site** (if you haven't done so already) and explore the additional information there about the person of Jesus Christ. The web site also has contact details of people who can help you explore Christian faith further.
3. **Go to a Jesus. All About Life event** (Events are listed at allaboutlife.com.au)
4. **Contact a local church** participating in Jesus. All about Life.
5. **Attend a Jesus. All about Life or other course** (such as Alpha or Introducing God) to find out more about who Jesus is. (Courses at participating churches are listed as allaboutlife.com.au)

What values do you pass on to your kids?



About 'Jesus. All about life'

This campaign is supported by Christian churches whose aim is to present the message of Jesus and his claim that 'I have come to give life in all its abundance' (John 10.10) to the Australian community using prime-time media. The campaign has been financed by private donations with the support of local churches.

Bible Society

Making the Bible heard since 1817

Jesus. All about life
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What's life all about?



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Jesus. All about life?

We all want to enjoy our lives. I don't know anyone who's goal in life is to be miserable.

Every day we're bombarded with messages about how to have a great life. Do this, try that, buy this product, experience that event, but the 'great life' never seems to get any closer. All that happens is that we get more and more cynical about the things that are supposed to help us to a better life.

The 'Jesus. All about Life' campaign is all about helping you understand what Jesus said about what he called 'the abundant life' or 'life to the max'. Many people find this hard to accept because they think that being a Christian means you have to stop doing anything you enjoy and instead walk around being boring and dull.

When Jesus said he would give us an abundant life, this may not be in the way you think.

Jesus wants us to experience a great life, not just through moments of great excitement but rather in how we deal with all of life – now and in the future.

So what is this life all about?

There are three basics:

1. **Being secure.** This doesn't mean personal security so that nothing will ever go wrong, but the security of knowing that God loves you and cares for you. It means you don't need to be afraid of being alone or of what's going to happen at the end of life. God promises to look after us now and in the future.
2. **Having a point.** Living can feel pointless. You get up, go to work, find something to fill in the day, then go to bed, day after day. In the end you ask – "what's the point?" Jesus said that life is firstly about following him and then about helping others.
3. **Joyful living.** Much of what we do can actually stop us from experiencing joy. When people get older, it's so easy to look back after 30 or 40 years of work and ask, "Is this it?"

"Surely there's more to life?" Jesus tells us that when we live our lives in line with what he said, we will be able to look back and see that our life has meaning and purpose.

How do we experience 'an abundant life'?

There are three steps:

Accept – Before we can experience the abundant life that Jesus promises us we have to accept who Jesus is. It is clear when you read the story of Jesus' life and read his words that he's not just another spiritual option. Jesus made it clear he was God and his dying on the cross would allow us to know God personally. He also said his death was no accident, but was planned from the beginning.

Ask – If Jesus' death was planned, why did it have to happen? The Bible tells us we have all broken God's standards and we need his forgiveness. Jesus has made it possible for us to have a personal relationship with God. This relationship begins by accepting Jesus' amazing gift of love demonstrated so vividly on the Cross. We need to ask God's forgiveness for disappointing him. As we do, God will help us again and again to make a fresh start.

Change – If we want to start fresh with Jesus we can't continue to live the way we have.

Jesus gave all those who followed him some great advice on how to make the most out of life. These words of Jesus, as well as much more, are found in the Bible. The Bible gives us God's framework for a full and free life – a life filled with meaning and purpose.

What now?

If you would like to find out more about Jesus and how to have 'an abundant life'

1. Get your free copy of the "Jesus. All about Life" book. Free copies can be ordered at www.allaboutlife.com.au or call 1300 512 312. (You may already have received this book with this booklet. If so we encourage you to read it).
2. Go to a "Jesus. All about Life" event. (Events are listed at www.allaboutlife.com.au)
3. Attend a "Jesus. All about Life" or Alpha course. (Courses and locations are listed at www.allaboutlife.com.au)